

panning more than 27,000 square miles across southeastern Utah, northwestern New Mexico and northern Arizona, the Navajo Nation features breathtaking landscapes, action and adventure, a rich history, and the proud culture of North America's largest indigenous tribe.

Established by treaty in 1868, the Navajo Nation is managed as a sovereign country through agreements with the United States Congress.

More than 250,000 people live within the Navajo Nation's borders, blending traditions with modern elements to create a vital society that continues to evolve in fascinating ways.

As a tourist destination, the Navajo Nation offers something for everyone. Ride through Monument Valley on horseback. Stay for a week in a houseboat on Lake Powell. Collect amazing artwork, from symbolic rugs and baskets and exquisite turquoise and silver jewelry to handmade pottery and contemporary paintings and sculptures. Get a revealing look at authentic Navajo culture at a tribal fair. Take in an all-Indian rodeo. Or stand in Arizona, Colorado, New Mexico and Utah all at once at the Four Corners Monument.

Make plans today to embrace the spectacular history and stunning vistas of the Navajo Nation.

NAVAJO TOURISM DEPARTMENT

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INFO

DiscoverNavajo.com

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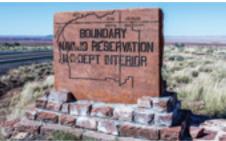
Welcome to Navajoland

YÁ'ÁT'ÉÉH

HOW THE DINÉ CAME TO BE

The Navajo people, the Diné, passed through three different worlds before emerging in this one—the Fourth, or "Glittering World." The Diné believe that there are two classes of beings, the Earth People and the Holy People. The Holy People can aid or harm the Earth People, who are responsible for maintaining harmony on Mother Earth.





>> THE POWER OF 4

The number 4 permeates traditional Navajo philosophy. In the Navajo culture, there are four directions, four sacred mountains, four seasons, the first four clans and four colors.

4 Directions	4 Sacred Mountains	4 Colors					
East	Mount Blanco (Tsisnaasjini')	White Shell					
South	Mount Taylor (Tsoodzil)	Turquoise					
West	San Francisco Peak (Doko'oosliid)	Yellow Abalone					
North	Mt. Hesperus (Dibé Nitsaa)	Jet Black					

The atrium floor of the Navajo Museum features the four cardinal directions, with the middle holding sand to represent "Mother Earth."





>> GREETING THE NAVAJO

While traveling among the Navajo people, keep these cultural differences in mind:

- Eye contact is considered impolite among Navajos. If you're speaking to a group of Navajos, some may look down or away, even though you may have their full attention.
- Touching is generally reserved for close friends and family. You may get a handshake, but avoid too firm a grip.
- Conversation with strangers is limited. Navajo people are taught to avoid talking too much, especially with people they don't know.



>> NAVAJO MOUNTAIN

The highest point on the Navajo Nation, Navajo Mountain is said to be the ancestral home of the Navajo tribe. Permits are required to hike in the region.

TRAVEL TIPS

>> GET YOUR PERMITS

Permits are required for hiking, camping, boating, fishing, hunting and commercial filming or photography. Failure to have a permit is considered trespassing on a Federal Indian Reservation.

Please contact the appropriate tribal department for your permits in advance of your trip:

Navajo Parks & Recreation

928.871.6647 navajonationparks.org

Navajo Fish & Wildlife

928.871.6451 nndfw.org

Navajo Nation Film Office/Broadcast Services

928.871.7826

www.obs.navajo-nsn.gov/FilmOffice/tabid/1223/Default.aspx

>> DON'T DESECRATE THE LAND

Cremation is a taboo among the Navajo people, and it's against the law to scatter human remains on Navajo lands. Similarly, tampering with or removing archaeological items are strictly prohibited.

>> BRAKE FOR LIVESTOCK

Much of the Navajo Nation is open range, and small herds of sheep, goats, cattle and horses roam freely along and across the roads.

Please drive with extra caution in rural areas, especially at night.

>> CHECK YOUR WATCHES

The Navajo Nation observes daylight savings time. The state of Arizona does not. Be aware that Navajo time may be an hour later than such places as Phoenix, Flagstaff and Page.

>> KNOW WHERE YOU'RE GOING

Some areas of the Navajo Nation are very remote. For your safety, it is not recommended to rely on GPS services. When possible, please know your route in advance and use printed directions.

Keep in mind that there are miles and miles of unpaved roads in the Navajo Nation. Please stay on paved roads, especially during winter, and remember that gas stations can be few and far between.

>> KEEP CASH ON HAND

Make sure you have cash available for tipping, and keep in mind that there are few places to get cash in the Navajo Nation. ATMs tend to get cleaned out around the end/beginning of each month.

>> PREPARE FOR EMERGENCIES

Always carry water, sunscreen and food/snacks. Dress appropriately for outdoor activities, and bring backup clothing with you, when possible. Emergency 911 Service is not available in all areas of the Navajo Nation, and even when you get through it's important to stay on the line and look for any landmarks to help first responders find you. Please refer to phone numbers on page 27 for direct lines to local police departments, fire departments and hospitals.



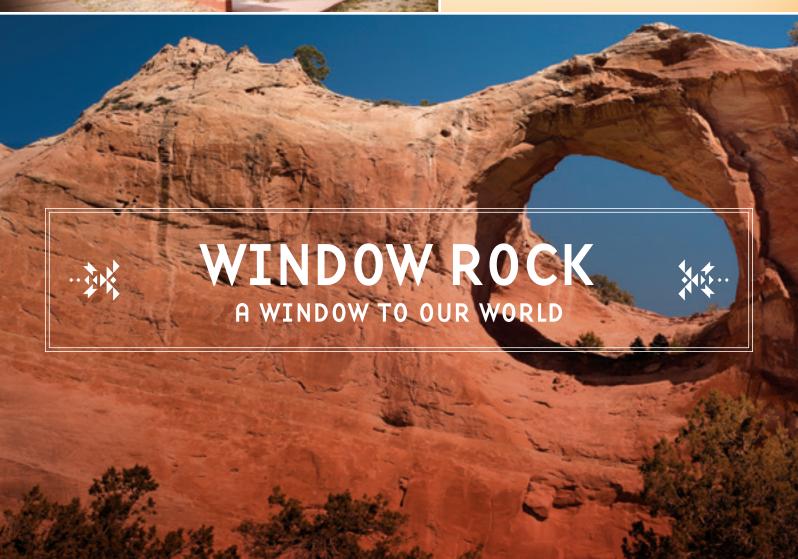
NAVAJO NATION FAST FACTS

- The Navajo Nation was established as a sovereign country in 1868.
- If the Navajo Nation were a state it would be the 11th-largest in the U.S., covering more than 27,425 square miles and similar in size to West Virginia.
- >> The Navajo Nation has a government that includes a legislative house, an executive office and a judicial system.
- >> The Navajo people refer to themselves as the Diné (pronounced din-EH), that means "man" or "the people."
- >>> The Navajo tribe is the largest federally recognized tribe in the U.S., with more than 300,000 people enrolled.









nown to the Navajo as the "center of the world,"
Window Rock formation stands 200 feet high and
features a spectacular opening through which you can
see the sky beyond. The surrounding park has many symbolic
structures: a circular path outlining the four cardinal
directions, 16 angled steel pillars with the names of war
veterans, and a healing sanctuary that is used for reflection
and solitude, featuring a fountain made of sandstone.

DID YOU KNOW?

Window Rock formation is one of only four sacred places where Navajo Medicine Men obtain water for sacred rain rituals.

WINDOW ROCK POINTS OF INTEREST

>> NAVAJO VETERANS MEMORIAL PARK

Adjacent to the Window Rock formation is a park that honors the service of all Navajo military veterans, including the famous Code Talkers who helped the U.S. win World War II. The park is open daily from 8:00 a.m. till 5:00 p.m.

SAINT MICHAELS HISTORICAL MUSEUM

Though only a subdivided stone building, the St. Michaels Historical Museum offers some of the best insight into the Navajo culture of the early 20th century. Established in 1898, the St. Michaels Mission of Franciscan Friars fashioned an influence on Navajos with their religious and school teachings. The museum is open from 9 a.m. to 5 p.m., Mon-Fri. from Memorial Day through Labor Day. For more information, call 928.871.4171.

>> NAVAJO NATION'S CAPITAL

In 1936, Window Rock, Arizona became the governmental center of the Navajo Nation. The Navajo Office of the President & Vice President is located here. At the Navajo Nation Council Chambers, 24 delegates enact legislation that determines the Navajo's future. Inside the Chambers, colorful murals depict the history of the Navajo way of life.











>> NAVAJO ARTS AND CRAFTS ENTERPRISE

The Navajo Arts & Crafts Enterprise (NACE) in Window Rock offers a wide variety of Native American arts and crafts, including jewelry from local vendors, pottery, moccasins, Navajo cradleboards, Navajo rugs, Native American Church instruments and peyote fans.

This expansive store, at the junction of US Hwy 264 and Indian Rte. 112, is open Monday through Saturday from 9:00 a.m. to 8:00 p.m., and on Sunday from Noon to 6:00 p.m.



NAVAJO NATION MUSEUM & LIBRARY

The Navajo Nation Museum & Library is dedicated to preserving and interpreting the rich and unique culture of the Navajo people. The permanent collection includes a wide range of historical artifacts and fine art, housed in a modern facility designed to resemble a traditional hogan.

Admission is free, and the museum is open Tuesday through Friday from 8:00 a.m. to 8:00 p.m., and on Monday and Saturday from 8:00 a.m. to 5:00 p.m. For more information, call **928.871.7941** or visit **navajonationmuseum.org**.

>> NAVAJO NATION MUSEUM TRAIL

Before or after your museum visit, walk the one-mile loop that connects the museum with the Window Rock formation. Besides being a pleasant walk, signage along the route provides information about native plants and animals.









"I'm in a unique position to help keep the Navajo culture alive. When I was in high school I didn't want to be Navajo. I left for a while but now I'm back, and I'm on a personal crusade to show young Navajos that their heritage is something to be cherished... The ability to adapt has always been an advantage for the Navajo people, but we must never lose sight of our early traditions."

— BENJAMIN SORRELL Navajo Nation Museum & Library

NAVAJO NATION ZOOLOGICAL AND BOTANICAL PARK

Learn about reservation wildlife, such as bear, coyotes, bighorn sheep, elk, golden eagles and more, and gain an appreciation for the medicinal power of local plants.

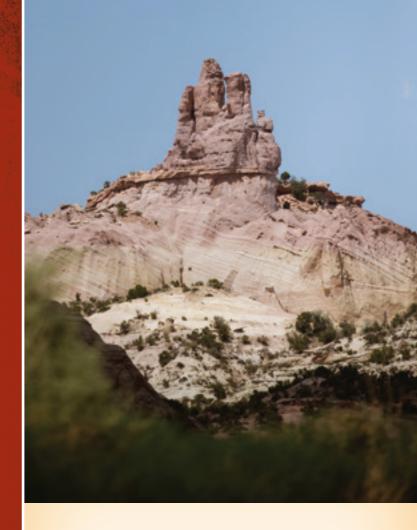
The zoo shares a parking lot with the Navajo Nation Museum & Library and is open Monday through Saturday from 10:00 a.m. to 4:30 p.m. Call 928.871.6574 or visit navajozoo.org for more information.











SIDE TRIP

>> CHURCH ROCK, NM

This impressive sandstone tower, carved by the wind, is just a few miles from the Navajo border town of Gallup, New Mexico. For the best Church Rock photo ops, check out the views from the campgrounds at Red Rock Park, which also offers hiking trails and a full calendar of entertainment events.

For more information, call **505.722.3839** or visit **gallupnm.gov**.

GETTING THERE ///

Take I-40 or Rte. 66 east from Gallup about eight miles. Turn left on NM-566 N and continue about a half-mile to Red Rock Park Dr.







ne of the world's most widely-recognized landscapes, Monument Valley offers aweinspiring vistas that will take your breath away. Strangely beautiful, red sandstone formations reach upward into spectacular open skies.

No visit to the Navajo Nation is complete without exploring this iconic expanse of land. Contact the Monument Valley Navajo Tribal Park for information about jeep tours, hiking tours, photography expeditions and overnight excursions.

navajonationparks.org 435.727.5870

FAST FACTS

- >> Navajo Medicine Men still hold daily rituals in Monument Valley.
- >> Native plants are used year-round for food, seasonings, dyes and more.
- >>> 12 Hollywood movies have been shot in Monument Valley, including Easy Rider, 2001: A Space Odyssey, National Lampoon's Vacation, Forrest Gump and five classic John Ford westerns.

GETTING THERE ///

From Kayenta, take US-163 N about 22 miles to Monument Valley Road (S J C 421). Turn right and continue for about 4 miles.















HOTELS

Goulding's Lodge 435.727.3231 gouldings.com

The View Hotel 435.727.5555 monumentvalleyview.com

Additional accommodations are available in Kayenta, just 20 minutes to the south.







alk through spectacular grooved corridors, carved by wind and rain over the millennia and bathed each day in a wondrous light show.

The narrow sandstone passageways of Antelope Canyon are a favorite destination of amateur and professional photographers alike. But you don't have to be an artist to appreciate the canyon's unique and majestic beauty.



POINTS OF INTEREST

>> LOWER PARK, EAST OF WATERHOLES

The only part of Antelope Canyon where no guide is required, this area provides picturesque views for hikers of all levels.

Obtain a hiking permit from Navajo Parks & Recreation by calling 928.871.6647 or navajonationparks.org.

>> RAINBOW BRIDGE TRAIL

The world's highest natural bridge is 33 feet wide and spans across 275 feet. To the Navajo, this is a very sacred and religious place. Camping and hiking permits are required. Contact Navajo Parks & Recreation at 928.871.6647 or navajonationparks.org for details.

CANYON TOURS

Paid guided tours are required in Antelope Canyon. Licensed tour operators offer half-day and full-day excursions into the Upper and Lower Canyon areas. Call the Lake Powell Navajo Tribal Park Office at 928.698.2808 for more info or visit navajonationparks.org.

GETTING THERE ///

Antelope Canyon is 4 miles east of Page, off AZ-98 E.



"Entering Antelope Canyon is like walking into a cathedral. You'll be in awe over what Mother Nature has to offer, and you'll experience a profound feeling of harmony with something greater than yourself."

ROMAN S. CANDELARIA

Antelope Canyon Guide



ANTELOPE POINT MARINA

Houseboating, wakeboarding, fishing, boat tours, great meals and spectacular shopping are all available at Antelope Point Marina, a unique partnership between the Navajo Nation and the National Park Service.

Located in Arizona near the town of Page, the 600-acre property is changing the way families and adventure-seekers enjoy the many recreational opportunities offered by Lake Powell.

- >>> GUIDED BOAT TOURS offer an ideal introduction to Lake Powell's magnificent scenery, from Antelope Island to Rainbow Bridge. Glide through secluded canyons and learn about the cultural and geographic heritage of this majestic locale.
- >> HOUSEBOATING has become a favored way to explore the more than 1,800 miles of shoreline, which includes 96 remote side canyons. Rent a boat for a day, a week, or even longer.
- >> FISHING is a great way to relax and connect with nature. Lake Powell is filled with bass, walleye, bluegill and more, so you can tell some tales when you return home.
- >>> STAND UP PADDLING (SUP) adventures offer a unique experience—plus a beneficial core workout. Take a class to learn the basics so you can paddle around on your own, or combine SUP with yoga, pilates or meditation for a more Zen-like experience.

For more information about all the activities at Antelope Point Marina, visit antelopepointlakepowell.com.















ne of the most unique wonders of the Navajo Nation, the ancient tribesmen dubbed Shiprock Pinnacle "The Rock with Wings."
This sacred formation, rising 1,583 feet above the desert plain, is said to be the agent that brought the Navajo to the southwest, and it features prominently in many Navajo myths and legends.

Shiprock Pinnacle is located about 40 miles southwest of Shiprock, NM on Indian Rte 13, west of Hwy 491. Because of the peak's religious significance, non-Natives are restricted to nearby paved roads when viewing and photographing the formation.









FOUR CORNERS

VISIT FOUR STATES— **ALL AT ONCE**

The famous Four Corners Monument is the only place in the U.S. where four states — Arizona, Colorado, New Mexico and Utah — come together in one place.

In addition to providing a one-of-a-kind photo opp, the Monument offers a market where you can purchase handmade jewelry, crafts and traditional foods.

There is a fee per person, cash only. For more information, call 928.206.2540.

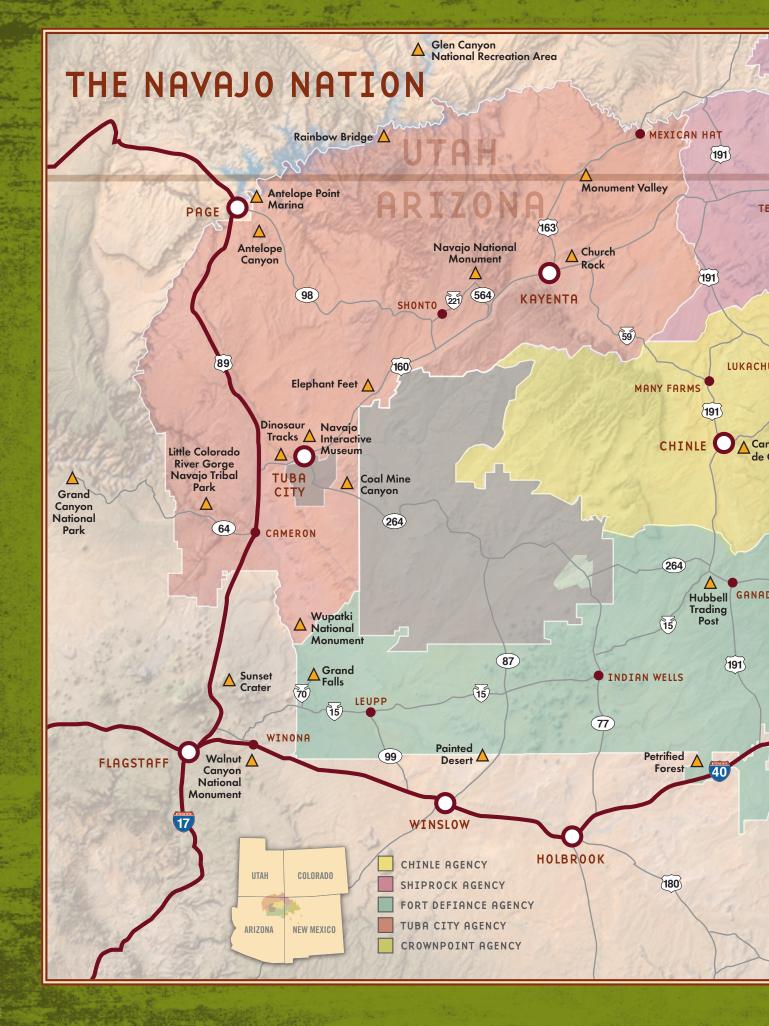
- // Peak Season (May 1-Sept. 30) Daily, 7:00 a.m. – 8:00 p.m.
- // Off Season (Oct. 1-April 30) Daily, 8:00 a.m. – 5:00 p.m.
- // Closed Thanksgiving Day, Christmas Day and New Year's Day





GETTING THERE ///

An hour and 15 minutes east of Kayenta. AZ or 40 minutes west of Shiprock, NM turn north on US-160 at Teec Nos Pos. Continue north about 4 miles and turn left on NM 597.











or a truly unique experience, take in the remote, moon-like vistas of the Bisti Wilderness Area, also known as the Bisti Badlands. The surreal, barren landscape of weathered rock stretches more than 4,000 acres across the high desert of the San Juan Basin.

All around, you'll see wonderfully strange shapes made from eroded rock, including hoodoos, arches and slot canyons. Petrified wood abounds, and it's not uncommon to see entire tree stumps with visible bark and growth rings.

To avoid the many unstable areas, be sure to walk along the ravines and on the valley floor. Be mindful of your surroundings so you don't lose your bearings. Experienced hikers can use the occasional grouping of orange-colored mounds as landmarks to help find their way.

BE PREPARED

The Bisti Badlands are open to the public free of charge, but no facilities are available. Be sure to bring food, water, sunscreen and layered clothing. The best time of year to take in this one-of-a-kind experience is in late spring, summer or fall.

GETTING THERE ///

Head south on U.S. Highway 371 about 35 miles from Farmington to County Road 7297. Then follow the gravel road east for two miles to the parking lot.





Listed in the National Register of Historic Places and a designated UNESCO World Heritage Site, Chaco Culture National Historical Park reveals the unique architectural, scientific and social achievements of a civilization that flourished between the 9th and 13th centuries.

Guided tours, campfire talks and incredible night-sky programs are available through the National Park Service.

The park is open every day from sunrise to sunset. The visitor center is open daily from 8:00 a.m. to 5:00 p.m., except for Thanksgiving, Christmas and New Year's Day. For more information, contact the visitor center at 505.786.7014 or go to nps.gov/chcu.





Some roads leading into the park are unpaved. Accessibility is best from the north at the town of Nageezi, NM, via County Road 7900. At the junction of County Road 7950, head west into the park.

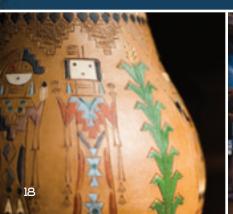


NAVAJO INTERACTIVE MUSEUM

Experience the journey the Navajo people take through life in this exciting space that introduces you to the land, language, history, culture and ceremonial life of the Navajo people.

This unique museum is divided into four sections. The pattern of four is sacred to the Navajo people, who observe the four directions as an organizational force for life, and the four seasons as governing all personal and societal activity.

The museum is open seven days a week: Monday–Saturday from 8:00 a.m. to 6:00 p.m. and Sunday from Noon to 6:00 p.m. Learn more at explorenavajo.com.









t the edge of the Painted Desert, about 23 miles from Tuba City via AZ-264 E, this remote hiking destination is known for the colorful bands of red, white, orange and black that line the upper end of the ravine.

The views are stunning, perfect for taking pictures or just contemplating the vastness of the universe. While there are no designated trails, you can see hints of paths running east and west along the rim, and also pointing toward some of the ridges that appear along the route.

Since the area is atmospheric and remote, bring food, water, sunscreen and layered clothing.





TUBA CITY SIDE TRIPS

>> ELEPHANT FEET

This surprising rock formation is right off U.S. Highway 160, about 25 miles east of Tuba City. Pull off the road and snap a few pics!

>> MOENKOPI DINOSAUR TRACKS

This is a great open-land experience for families with kids, about 7 miles west of Tuba City on U.S. Highway 160. No fee is required, but guided tours are available and tips are encouraged.

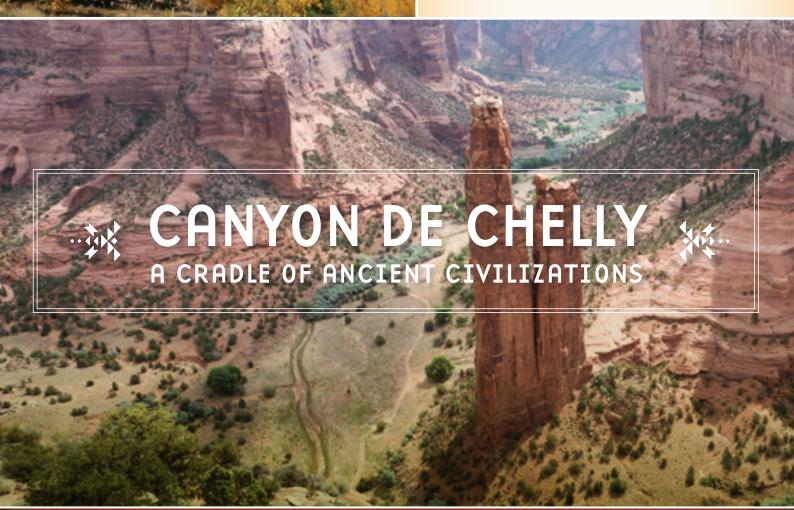












or nearly 5,000 years, people have lived in the area dominated by Canyon de Chelly. From the first nomads and ancient pueblo-building Anasazi to today's Navajo farmers, Canyon de Chelly offers a rich cultural history as well as awe-inspiring vistas.

The visitor center, scenic overlook and self-guided hiking trails are all free. Paid tours, camping and ranger-led programs are also available year-round. For more information, contact the visitor center at 928.674.5500 or the Navajo Parks and Recreation Department at 928.674.2106.

QUICK TRIPS

// 2 HOURS

Visit the seven overlooks on South Rim Drive or the three overlooks on North Rim Drive.

// 4 HOURS

Visit all 10 overlooks, hike the White House Trail or take a half-day canyon tour.







NED HATATHLI CULTURAL CENTER - DINÉ COLLEGE

Located on the Diné College campus, this Navajo cultural museum has a permanent collection of nearly 3,000 Native American artifacts and artworks.

Admission is free. For more information, including daily hours of operation, call 928.724.6982.

>> THE LONG WALK

The Ned Hatathli Cultural Center features a permanent exhibit about the forced deportation of the Navajo people by the U.S. Government in 1864.

Led by Christopher "Kit" Carson, thousands of Navajos were forced to walk 300 miles to Fort Sumner, and many died during the grueling, 18-day journey.

In 1868, through the Treaty of Bosque Redondo, the Navajo people were granted 3.5 million acres of land. As a more cohesive tribe, the Navajo successfully quadrupled the size of the Navajo Nation, which occupies more than 16 million acres today.











"In order to understand where we're going in the future, we need to know our history."

- NONABAH SAM, Museum Curator







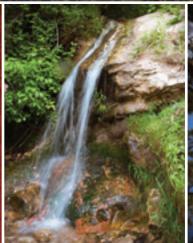
SCENIC ROUTE

The heavily forested Chuska Mountains offer awe-inspiring scenery along the 21-mile drive between Lukachukai, Arizona and Red Valley, Arizona.

Plan a picnic at Buffalo Pass, elevation 8,482 feet. Hike to the top of Roof Butte — the Navajo Nation's highest point at 9,823 feet — and look out across three states. And refresh your body and spirit at Waterfall Spring.

If you're in the Chuskas during the summer through early October, you may even spot the sheep and cattle that Navajo ranchers keep in the cooler climate.

The Chuska Mountains were formed by ancient volcanic eruptions that covered the surrounding sandstone. Because the hard, volcanic basalts are more erosion resistant, the Chuskas stand majestically above the desert like giant sentinels.







BOWL (ASÁÁYI) CANYON RECREATION AREA

Known as the gateway to the Chuska Mountains, the Bowl Canyon Recreation Area offers picnicking, camping, fishing and more family fun.

Large groups will enjoy Camp Asááyi, pronounced (Ah-saa-yeh), which features a large dining hall with a fully-equipped kitchen, 16 cabins with bunk beds, and equipment for canoeing, basketball and volleyball. Two hiking trails are available, both with beautiful panoramas, rippling streams and towering pine trees. Depending on weather conditions, Camp Asááyi is open daily in April through October, from 8:00 a.m. to 5:00 p.m.

Families and smaller groups can take advantage of the lake area, which is perfect for camping, canoeing, trout fishing and picnicking. Camping, fishing and boating permits are required. No motorboats are allowed.

GETTING THERE ///

Off State Route 134 near Crystal, NM, Info: 928.871.6647











WHEATFIELDS LAKE

For a tranquil fishing, camping or picnicking experience, make a stop at the beautiful Wheatfields Lake, about 10 miles south of Tsaile on Indian Route 12.

The lake is stocked with trout each spring, and you're allowed to catch up to eight fish each day. You can fish from the shore or launch a boat. Keep in mind that weekends in the summer can be quite crowded.

Camping is free at Wheatfields Lake, which offers basic facilities. Fishing and boating permits are required. For details, call Navajo Nation Fish and Wildlife at 928.871.6450 or visit nndfw.org.

GETTING THERE ///

From Window Rock, take Ind Sr 12 about 42 miles north.



NAVAJO POTTERY

Since the 16th century, Navajo people have been making functional pottery with a glossy, piñon-pitch glaze. Traditional Navajo pottery usually has little or no design, except for random, gray and black markings called fire clouds that occur during firing.

JEWELRY

Navajos are unsurpassed in their ability to create exquisite and multifaceted jewelry from semi-precious turquoise. While the Navajo people molded "sky stone" into beads for centuries, they began combining turquoise with silver in the mid 19th century.

Turquoise is a symbol of heavenly purity in the Navajo culture. Navajo Medicine Men use the stones as offerings and for protection.

TURQUOISE IN NAVAJO MYTHOLOGY

- >> The Navajo female head deity, known as Turquoise Woman, appeared before the first people as a drop of pure turquoise. She lives in a turquoise house, wears turquoise and white-shell jewelry, and walks with a turquoise cane.
- Mount Taylor, one of the four sacred Navajo mountains, is called Turquoise Mountain. It is said to be the home of Turquoise Girl and Turquoise Boy.

BASKET WEAVING

Navajos believe that the Holy People, who originated with the First Man and First Woman, made woven reed baskets for ceremonial purposes.

- >> The lighter edge of a basket represents brightening skies as dawn approaches.
- Lacing around the edge symbolizes the roots of human life.
- >> The center design features four points, representing the four sacred mountains.
- The center opening, which should never be pointed downward, is an outlet for thought. It also represents the emergence of the Diné from the Holy People.
- The bright red weave is the hallmark of sunshine, a blessing for Navajo health and spirituality.
- Black is for darkness, a time to restore our bodies and minds.



75,000 HORSES

Wild mustangs roam freely across the Navajo Nation, adding majesty to the land but also sparking controversy. In 2014, the Navajo Nation President Ben Shelly and the Foundation to Protect New Mexico Wildlife agreed to work together to curb the wild herds in a humane way, showing respect for the horses while protecting livestock grazing land.

ADOPT A HORSE

To learn more about rescuing or adopting wild horses, please visit habitatforhorses.org.



THE HOGAN

The traditional Navajo dwelling, the hogan, is an eightsided, female structure built in harmony with the universe and all living creatures on Earth. The roof is in the likeness of the sky. The walls represent mountains and trees. And the floor is ever in touch with Mother Earth.

The Four Colors that represent the Four Directions are found inside the hogan, with a fire in the center that symbolizes the sun.

When a hogan is constructed, a medicine man blesses the home for beauty (hózhó) and happiness, protecting the family from illness and all bad and harmful things.

Unlike the female hogan that surrounds a family with love, peace and kindness, the male hogan is an aggressive, conical structure where ceremonies were held and war plans were made.





NAVAJO NATION FLAG

Designed by Jay R. DeGroat, the Navajo Nation flag was officially adopted by the Navajo Nation Council on May 21, 1968. In 1995, Bernard Harris carried the Navajo Nation flag aboard the space shuttle Discovery, making it the first Native American tribal flag in space.

Recalling the Navajo art of sand painting, the flag features a variety of symbols on a tan background. The outline of the present Navajo Nation

is shown in copper, with the original 1968 treaty reservation in dark brown. A white disk depicts the Navajo Nation economy, showing the sun above two corn stalks, which surround



three animals, a hogan, a modern home, an oil derrick and a sawmill. The four sacred mountains also appear on the flag, in their associated colors and directions. And a rainbow, symbolizing Navajo sovereignty, arches over the entire design.

A STAPLE OF NAVAJO LIFE

Corn is one of the main staples of Navajo life, and every spring many families plant large fields of corn. But its use goes far beyond nutrition. Corn is featured in many

> Navajo ceremonies, and corn pollen is often used as a prayer offering. Also, when a Navajo girl comes of age, the traditional ritual includes a large corn cake, baked in an underground pit lined with corn husks.

Navajo Culture

NAVAJO FAIRS

If you travel to the Navajo Nation in late summer or early fall, you'll more than likely be able to attend one of the Navajo agency fairs held annually.

Originally set up by the Bureau of Indian Affairs, these colorful, lively events celebrate cultural pride and indigenous food. Key elements of Navajo fairs include a parade, a Navajo Queen pageant, an all-Indian rodeo, art and agricultural exhibits, traditional song and dance competitions, wild horse races and Native performances, but keep in mind that some of the smaller fairs may not have all these activities.

Fairs are usually held from Thursday through Sunday. Saturday is parade day, if the fair has one. For more information about upcoming fairs and other events, check out the Navajo Nation calendar at discovernavajo.com/calendar.aspx.











ANNUAL FAIR CALENDAR JULY

Eastern Navajo Fair & Rodeo - Crownpoint, NM 505.401.714, dbefair.org

AUGUST

Central Navajo Fair & Rodeo – Chinle, AZ 928.206.7378

Ramah Navajo Fair & Rodeo – Ramah, NM 505.495.9421

SEPTEMBER

Navajo Nation Fair – Window Rock, NM Largest Native fair in North America.

Southwest Navajo Fair & Rodeo – Dilkon, AZ 928.319.341*7*

Utah Navajo Fair – Bluff, UTMost colorful parade.
utahnavajofair.com

SEPTEMBER/OCTOBER

Northern Navajo Fair – Shiprock, NM Oldest and most traditional Native fair in North America. 505.368.4305

Western Navajo Fair & Rodeo – Tuba City, AZ 928.283.3305 (or 3284)

DiscoverNavajo.com/calendar.aspx



NAVAJO RUGS WEAVE A PATH TO BEAUTY

Weaving has become an enduring tradition among the Navajo people. And since the end of the 19th century, it's been an important economic engine for the Navajo Nation.

Originally used for cloaks, dresses, saddle blankets, etc., today Navajo textiles are primarily valued for their artistry.

>> TOADLENA TRADING POST AND WEAVING MUSEUM

The weavers of Toadlena shear their own sheep, clean and card the wool, and spin it into fine yarn to produce high quality textiles with lasting value. Toadlena Trading Post operates in the same way trading posts have since the 1870s – directly with the weaver and her family. While visiting, you'll learn about master Navajo weaver, Clara Sherman, who received the New Mexico Governor's Award for Excellence in the Arts in 2006.

For more information, call 505.789.3267 or go to toadlenatradingpost.com.





GETTING THERE ///

Less than 1.5 hours north of Window Rock, Take US-491 N to Ind SR 19. Turn left and continue to Ind SR 5001.

OTHER TRADING POSTS

Foutz Trading Company

Shiprock, AZ 800.383-0615, foutztrade.com

Gap Trading Post

45 miles south of Page, AZ on Highway 89 Cameron, AZ 928.283.8932

Red Mesa Trading Post

In Teec Nos Pos, AZ on U.S. Highway 160 928.656.3261

Rough Rock Trading Post

Highway 59, Chinle, AZ 928.728.3252

Shiprock Trading Post

527 E. Main St., Farmington, NM 505.324-0881, shiprocktradingpost.com

Shonto Trading Post

6 miles east of AZ 96, Shonto, AZ 928.672.2320,

navajo-arts.com/trading-posts/Shonto-Trading-Post.html

Teec Nos Pos Trading Post

Five miles south west of Four Corners at the intersection of Hwy. 160 & Hwy. 64, Teec Nos Pos, AZ 928.656.3224, tnptradingpost.com

Totsoh Trading Post

101 Main Street, Lukachukai, AZ On Navajo Rt. 13, about nine miles south of Tsaile and Diné College 928.787.2281

Tuba City Trading Post

10 North Main Street, Tuba City, AZ 928.283.5441

Two Grey Hills Trading Post

HCR 330, Box 70, Tohatchi, NM 30 miles south of Shiprock 505.789.3270, twogreyhills.com

EMERGENCY INFO

» LAW & ENFORCEMENT

Chinle Police Dept. 928.674.2111

Crownpoint Police Dept. 505.786.2050

Dilkon Police Dept. 928.657.8076

Kayenta Police Dept. 928.697.5600

Shiprock Police Dept. 505.368.1350

Tuba City Police Dept. 928.283.3111

Window Rock Police Dept. 928.871.6113

>> FIRE & RESCUE

Chinle Fire Station #50 928.674.2105

Leupp Fire Station #80 928.686.3254

San Juan County Fire Dept. District 12-Shiprock 505.368.1350 / 505.368.5719

Tuba City Fire Station #40 928.283.3007

Window Rock Fire Station #10 928. 871.6913

Window Rock Fire Station #12 928.729.4062

» HEALTH CARE

AZ Poison Control 800.362.0101

Chinle Health Care, Chinle, AZ 928.674.7001

Crownpoint Health Care Crownpoint, NM 505.786-5291

Dzilth-NA-O-Dith-Hle Health Center Bloomfield, NM 505.368.8100

Four Corners Regional Health Center Teec Nos Pos, AZ 928.656.5000

Gallup Indian Medical Center Gallup, NM 505.722.1000

Inscription House Clinic, Shonto, AZ 928.672.3000

Kayenta Health Center, Kayenta, AZ 928.697.4000

Pinon Health Center, Pinon, AZ 928.725.9500

Northern Navajo Medical Center Shiprock, NM 505.368.6001

Tohatchi Health Care Center Tohatchi, NM 505.733.8100

Tsaile Health Center, Tsaile, AZ 928.724.3600

Casinos

FIRE ROCK NAVAJO CASINO

Church Rock, NM

Just two miles east of Gallup on Historic Route 66, the casino offers more than 750 slot machines, roulette, blackjack, craps, bingo, live entertainment, and a food court, gift shop and restaurant.

505.905.7100 866.941.2444 firerocknavajocasino.com

FLOWING WATER NAVAJO CASINO

Shiprock, NM

Located 30 minutes west of Farmington and 5 minutes east of Shiprock, this cozy local spot produces big winners. Try your luck at 120 different games, and be a sure winner at the food court.

505.368.2300 flowingwater.com

NORTHERN EDGE NAVAJO CASINO

Farmington, NM

Only two miles west of Farmington, this lively casino features live entertainment, a food court and restaurant, and more than 750 slot machines, roulette, blackjack, craps and bingo.

505.960.7000 877.241.7777 northernedgecasino.com

TWIN ARROWS NAVAJO CASINO RESORT

Flagstaff, AZ

Located just east of Flagstaff off I-40 within a picturesque view of the majestic San Francisco Peaks, it was named "Best Casino Resort Destination of 2013" by the readers of Experience Arizona Magazine.

928.856.7200 855.946.8946 twingrrows.com

Accommodations

WINDOW ROCK

Quality Inn Navajo Nation Capital

48 W. Hwy. 264 Window Rock, AZ 86515 928.871.4108 choicehotels.com

Navajoland Inn & Suites

392 W. Hwy. 264 St. Michaels, AZ 86511 928.871.5690 navajolandinnsuites.com

CHINLE (CANYON DE CHELLY)

Best Western
Canyon De Chelly Inn

100 Main St. Chinle, AZ 86503 928.674.5874 bestwestern.com

Holiday Inn Canyon De Chelly

Bia Garcia Trading Post Rte. 7 Chinle, AZ 86503 928.674.5000 holidayinnchinle.com

Thunderbird Lodge

Rural Route 7 Chinle, AZ 86503 928.674.5842 800.679.2473 thunderbirdlodge.com

KAYENTA AREA (MONUMENT VALLEY)

Anasazi Inn – Tsegi Canyon

US Hwy. 160 Kayenta, AZ 928.697-3793

Gouldings Lodge

1000 Main Street Oljato-Monument Valley, UT 84536 435.727.3231 gouldings.com

Hampton Inn

U.S. Hwy. 160 Kayenta, AZ 86033 928.697.3170 kayenta.hamptoninn.com

Kayenta Monument Valley Inn

US-160 & US-163 Kayenta, AZ 86033 928.697.3221 kayentamonumentvalleyinn.com



The View (at Monument Valley Tribal Park)

Indn Rte 42 Oljato - Monument Valley, UT 84536 435.727.5555 monumentvalleyview.com

Wetherill Inn

1000 Main St. Kayenta, AZ 86033 928.697.3231 wetherill-inn.com

FLAGSTAFF

Twin Arrows Navajo Casino Resort

22191 Resort Blvd. Flasgstaff, Arizona 86004 928.856.7200

TUBA CITY

Diné Inn Motel 322 US-160 Tuba City, AZ 86045 928.283.6107

Quality Inn Navajo Nation

10 North Main Street Tuba City, AZ 86045 928.283.4545 choicehotels.com

PAGE/LAKE POWELL - (ANTELOPE CANYON)

Quality Inn Lake Powell-Page

287 North Lake Powell Blvd. Page, AZ 86040 928.645.8851 choicehotels.com

Mileage

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	Alburan	Chamb.	Chints	Cortes	Crown.	Denver	Farming.	Flagstag.	Gallun	Ganad	Grand C	Kayen.	Many C	Mexica AZ	Monum.	Page 12	Phoenii	Salt Lat	Shipro.	Shonto	Tuba Cit	Window	WILE WESCH, A
Alburquerque, NM		185	229	256	131	447	182	322	137	191	403	309	242	332	358	451	418	623	232	373	318	165	269
Chambers, AZ	185		76	181	104	630	187	137	48	38	224	142	88	186	202	263	234	504	140	184	164	51	79
Chinle, AZ	229	76		141	131	552	150	213	91	37	233	70	16	114	146	204	310	436	122	111	153	67	155
Cortez, CO	256	181	141		155	381	72	268	137	176	269	118	127	121	142	215	409	353	42	160	190	145	261
Crownpoint, NM	131	104	131	155		461	83	241	56	110	320	211	160	213	250	308	338	500	111	253	237	83	187
Denver, CO	447	630	552	381	461		378	677	582	635	682	522	536	480	504	627	822	536	406	571	602	611	712
Farmington, NM	182	187	150	72	83	378		275	121	158	279	127	134	130	167	225	419	425	27	169	199	130	246
Flagstaff, AZ	322	137	213	268	241	677	275		185	175	78	150	202	193	190	134	146	514	247	129	78	209	57
Gallup, NM	137	48	91	137	56	582	121	185		54	260	191	104	194	213	310	283	483	93	233	180	27	133
Ganado, AZ	191	38	37	176	110	635	158	175	54		206	104	50	148	144	202	272	467	130	146	127	32	121
Grand Canyon, AZ	403	224	233	269	320	682	279	78	260	206		155	205	197	180	139	223	518	252	132	82	266	139
Kayenta, AZ	309	142	70	118	211	522	127	150	191	104	155		54	43	26	99	294	410	100	44	75	139	199
Many Farms, AZ	242	88	16	127	160	536	134	202	104	50	205	54		98	93	150	321	416	107	96	126	80	167
Mexican Hat, UT	332	186	114	121	213	480	130	193	194	148	197	43	98		25	143	337	359	102	87	117	178	242
Monument Valley, UT	358	202	146	142	250	504	167	190	213	144	180	26	93	25		126	333	396	139	83	113	173	238
Page, AZ	451	263	204	215	308	627	225	134	310	202	139	99	150	143	126		277	387	197	65	78	232	182
Phoenix, AZ	418	234	310	409	338	822	419	146	283	272	223	294	321	337	333	277		654	392	272	222	284	200
Salt Lake City, UT	623	504	436	353	500	536	425	514	483	467	518	410	416	359	396	387	654		389	453	464	492	559
Shiprock, NM	232	140	122	42	111	406	27	247	93	130	252	100	107	102	139	197	392	389		142	172	103	219
Shonto, AZ	373	184	111	160	253	571	169	129	233	146	132	44	96	87	83	65	272	453	142		52	175	176
Tuba City, AZ	318	164	153	190	237	602	199	78	180	127	82	75	126	117	113	78	222	464	172	52		156	127
Window Rock, AZ	165	51	67	145	83	611	130	209	27	32	266	139	80	178	173	232	284	492	103	175	156		130
Winslow, AZ	269	79	155	261	187	712	246	57	133	121	139	199	167	242	238	182	200	559	219	176	127	130	

1 mile = 1.61 kilometers





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DISCOVER

INFO

DiscoverNavajo.com

928.810.8501

